POOL & BEACH MENU

Nibbles & Bites

Fried calamari (SF) (D) — 7.5
Lemon-garlic tartar

Breaded mozzarella sticks (V) (D) — 6.0
Chunky tomato, parsley dip

Chicken nuggets (D) — 6.0
Aioli, coleslaw, fries

Crispy shrimp tossed in sriracha aioli (SF) (D) — 8.0
Asian salad, lime, fries

Spiced curly fries (V) (D) — 4.0
Garlic aioli

Mixed Oriental mezze (D) (N) — 8.5
Hummus, mutable, tabbouleh, fattoush, fried kibbeh, cheese sambusek, Arabic bread

Macho nachos (D) (S) — 8.5
Beef chili, tomato salsa, guacamole, sour cream

Not your ordinary fish-n-chips (D) — 8.0
Crispy fried fish fingers, thick cut fries, tartar sauce

Shish taouk (D) — 7.5
Grilled chicken and vegetable skewer, garlic sauce, Arabic bread, fries

Refreshing Salads

Summer garden green salad (V) (VG) — 8.0
Mixed garden lettuce, snow peas, avocado, fresh berries, carrot ribbons, cherry tomato, citrus dressing

Warm salmon salad — 8.5
Flaked salmon, tossed greens, baby spinach, avocado, capers, citrus vinaigrette

Greek salad (V) (D) — 7.5
Mixed leaves, tomato, red onion, cucumber, feta cheese, olives, fresh herbs

Asian quinoa salad (V) (VG) (GF) — 6.0
Organic quinoa, mixed greens, cucumber, avocado - miso dressing

Caesar salad
- Crispy romaine, creamy parmesan dressing (V) (D) — 6.5
- with sliced grilled chicken breast (D) — 7.5

Sandwiches & Burgers

200g American Black Angus beef burger (D) — 9.0
Melted provolone, tomato relish

Beyond meat burger (V) (VG) (GF) — 6.5
Plant based patty, toasted potato bun, tomato relish,avocado spread

Classic club sandwich (D) — 8.5
Turkey bacon, egg, chicken breast, tomato, lettuce, toasted bread

Vegan triple decker (V) (VG) (N) — 8.0
Avocado, butter lettuce, tomato, grilled vegetables, red bell pepper hummus, vegan rye bread

Tuna Jalapeno melt (D) — 8.0
Multigrain bread, tuna, Jalapeno, cheddar cheese, Dijon mustard

Buffalo mozzarella & avocado sandwich (V) (D) (N) — 8.0
Grilled rustic bread, pesto, avocado, tomato, buffalo mozzarella, balsamic glaze

Crispy falafel wrap (V) (D) (N) — 6.5
Iceberg lettuce, halloumi cheese, tahini dressing

Chicken Caesar salad wrap (D) — 7.0
Crisp romaine, breaded chicken, creamy parmesan, garlic dressing

Desserts

Seasonal fruit salad (D) — 5.0
Berries and honey yoghurt

Chocolate cheese cake (N) (D) — 5.0
Rich and creamy, topped with grated chocolate

Date and toffee pudding (D) — 5.0
Toffee sauce, whipped cream

(D) - dairy
(N) - contains nuts
(SF) - shellfish
(S) - spicy
(V) - vegetarian
(VG) - vegan
(GF) - glute free

BEVERAGES

Cocktails Zero 0% Alcohol

Mint Fresca — 4.0
Mint, lemon, orange

Honey Basil Smash — 4.0
Basil, strawberry, lime, honey, orange

Innocent Mai Tai — 4.0
Pineapple, caribbean syrup, lemon, orange

Stickey Monkey — 4.0
Banana, vanilla, coconut, milk

Honey Zinger — 4.0
Watermelon, pineapple, honey, ginger

Pink Melon — 4.0
Strawberry, watermelon, vanilla, apple

Strawberry Colada — 5.0
Strawberry, banana, pineapple, coconut cream

Cocktails

B&B Super Shake — 6.5
Whisky, crème de cacao, vanilla, milk

Frozen Daiquir — 6.5
Rum, lime, sugar "pick your flavour" peach, mixed berry, lemon

Batida — 6.5
Cachaca, lime, sugar, strawberry

Pina Colada — 7.0
Rum, coconut cream, pineapple

Tiki Tavi — 7.0
Rum, green chartreuse, honey, lemon

Mojito — 7.0
Rum, mint, lime, soda

Moscow Mule — 7.0
Vodka, lime juice, sugar, soda water

Bloody Mary — 7.5
Vodka, tomato juice , lime juice, tabasco, Worcestershire sauce, salt, pepper

The Art Punch — 7.5
Aged rum, pineapple, lime, hibiscus, bitter

Blue Hawaiian — 7.5
Rum, blue curacao, pineapple, sugar

Espresso martini — 8.0
Vodka, Kahlua, Espresso, sugar, coffee beans

Sex on the beach — 8.0
Vodka, peach tree, orange, cranberry juice, lime

Bull frog — 9.0
Vodka ,rum, gin, tequila, blue curacao, lime, energy drink

Long island ice tea — 9.0
Vodka, rum, gin, tequila, triple sec, lime, top with pepsi

Hot Beverages

Americano	3.0
Espresso	3.0
Double Espresso	4.0
Caffe latte	4.0
Tea	4.0

Fresh Juices

orange, pineapple, watermelon	4.0

Energy Drinks

Red Bull	4.0

Water

Still water	
small	1.3
large	2.5
Sparkling water	
small	2.5
large	4.0

Soft Drinks

Pepsi, diet Pepsi, 7up, diet 7up, Mirinda, ginger ale, tonic water	3.0

Beers

Budweiser	5.5
Heineken	5.5
Amstel Light	5.5
Corona	5.5

Bubbles

Pol Remy brut	5.0	24

White Wines

Jacob's Creek - Pinot Grigio	5.0	24
Jacob's Creek Sauvignon Blanc	5.0	24

Rose / Red Wines

Les Calandieres - Rose	5.0	24
Jacob's Creek - Merlot	5.0	24
Jacob's Creek - Cabernet Sauvignon	5.0	24

"Dear guest, we kindly request you to advise us if you are allergic to any of the menu items and we will be more than willing to adjust our menu in order for you to enjoy an allergy free dining experience with us".
Prices are in Bahraini Dinars and inclusive of 10% service charge, 5% tourism levy and 10% VAT.